

**THEISS CENTER FOR CHILD AND ADOLESCENT TRAUMA  
AT UPMC WESTERN BEHAVIORAL HEALTH PRESENTS:**

**BASIC TRAINING IN CHILD TRAUMA**

**Thursday, February 29, 2024**

**9:00 AM-12:00 PM**

**Virtual event (see below for registration links)**

**Session Overview:**

Understanding how early traumatic experiences impact child and adolescent development, identity, and behavior is critical to providing quality mental health care. This training will explore the impact of child trauma on brain development, personality, relationships, and behavior. It will also provide a detailed discussion regarding how early attachments impact mental health and the influence of intergenerational trauma on child and family functioning. This training is appropriate for all mental health professionals working with children and adolescents.

**Session Learning Objectives:**

By the end of this session, participants should be able to:

- Describe the types of trauma and the impact of trauma on the developing brain
- Recognize the presence of intergenerational trauma and the impact on children and families
- Describe how early experiences shape attachment, relationships, and personality and predict how early attachment supports social and emotional development
- Analyze children's behavior as a form of communication and describe how we can help preverbal children can express their emotions and regulate
- Assess both child and parent for trauma and describe why it's important to assess both

**Target Audience:**

Mental health professionals working with children and adolescents.

**Presenter:**

***Teri Pentz, MS, LPC, NCC, IMH-E®--Infant Mental Health Mentor (Clinical)***

***Supervisor, Behavioral Health Therapy***

***Theiss Center for Child and Adolescent Trauma, UPMC Western Behavioral Health***

**Registration:**

Please register online at:

<https://forms.office.com/r/AP9KTqT7Cb>

**There is no cost to attend the event.** Event information, including Outlook calendar event with Microsoft Teams link to attend, will be included via email with registration confirmation.